

The Golden Road

- To Unlimited Devotion -

Framework

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The Golden Road To Unlimited Devotion

Introduction

The Golden Road is a living web of communities, resources, practices, systems of accountability, and spiritual structures. A collection of systems and way of being designed in accordance with the Law of One, harmony with nature, and reverence for the sacred.

Golden Road systems are bound to the core vision and values of the New Earth.

The Golden Road is an ancient future paradigm
a path for awakened beings, so that we may be better ancestors
for all our relations.

What...

The Golden Road is a living network of communities, eco-villages, churches, resources, schools, farms, healers, and medicine practitioners operating in alignment with New Earth principles while practicing ceremonies and celebrations that align us with our living Earth.

Why...

The Golden Road is a communal and aligned way of being designed to foster egalitarian societies and promote a more harmonious, peaceful, and joyous existence for all beings living on this planet and beyond.

How...

The Golden Road utilizes de-colonial, harmonious practices centered around community, celebration, ceremony, and service, to promote reciprocity, abundance, peace, unity, and love. By generating a collective shift to a way of being with an aligned worldview, shared purpose, and collective understanding we will create a future that is better for the Earth and all beings.

Who we do this for...

We do this for those alive today, for the ancestors that came before and the generations yet to come, for the Earth, for Great Spirit, and the well being of the All.

Beliefs and Tenets of the Golden Road

“God is great – and that’s it!”

The beliefs of the Golden Road are...

1. All One!

- *The Creator and the created are not separate.*
- *Everything that exists, comes from the One.*
- *There is nothing (and no one) that is not of God.*

2. All Love!

- *Love is the primordial force of creation.*
- *Everything that exists was brought into existence through Love.*
- *From Love we are born, into Love we return.*

3. All Life!

- *Everything that exists, animate or inanimate, has its own life, spirit, consciousness, and essential way of being. Every being and aspect of existence is worthy of dignity and respect as a part of the whole.*

We live in devotion to...

1. The Earth

- *The Earth is our mother. Our body is Her body. Her body is our body.*
- *We live because of Her. We live in honor of Her. We live for Her.*
- *She is, in Her entirety, a living being and Her lands, waters, and children are treated with great honor and respect.*

2. Our Hearts and Bodies

- *Our bodies are living temples and miracles of creation.*
- *Our Hearts lead us to the One. The path of liberation is through the body.*
- *Our bodies do not separate us from God, but rather connect us to all of God’s creation.*

3. The One

- *The One is the creator of all things. All of existence is held within the One.*
- *Service to the self and to other is service to the All.*
- *Every being owes its life to the One.*

4. All our relations.

- *Every being is deserving of respect and dignity as a creation of Source. All manifestations of creation are considered family.*
- *Every being, is singing in the chorus of the Universal Song. We strive to sing along, and in harmony with, all of creation.*
- *The liberation and well-being of all beings, is the highest priority of the Golden Road.*

The Eight Individual and Community Values

Individual and community values are part of the glue that holds our communities and network together. There are no “rules” on how to be, as every individual is encouraged to be as they are. This world takes all kinds and every one is a piece in the Grand Puzzle. That being said we hold these values as a way to grow into our most coherent, aligned, and integrous selves.

1. **Interconnected Actions for The Highest Good**

We act with the understanding that we are all interconnected – that our actions, no matter how small, ripple out into the greater world and universe. Consideration is taken that our actions are performed for the Highest Good.

2. **Virtuous Discipline and Power**

We live knowing that power demands responsibility. Misuse of power for personal gain is seen as affront to the Laws of Nature. Personal and collective power are wielded for the benefit of individuals, the collective, and all beings.

3. **The Three Treasures – Compassion, Moderation, and Humility**

Compassion, kindness and love towards oneself and others, is the foundation of courage. Moderation, the act of living simply or avoiding excess, fosters generosity and sustainability. Humility, the modesty to not put oneself before others, or the presumption of leadership, fosters wisdom and connection to the All.

4. **Do No Harm**

As much as possible, causing harm is avoided at all costs. This includes harm to Nature, to the Earth, or any of our relations. On many levels, harm is unavoidable when living in community, or eating food from any source. When harm is caused, forgiveness is offered and repairs or reparations are sought. Cases of self defense, or defense of others, when unavoidable, may be accepted, but violence is never sought and killing is avoided at all costs. Great care is also taken to avoid sexual violence or misconduct.

5. **Speech with Honesty and Integrity**

Honest and integrous speech is held in high regard. Care is taken not to lie, or use divisive, slanderous, or harsh speech, or gossip. Integrous and honest speech includes direct communication and timely feedback.

6. **Theft and Greed**

We do not take what is not given and we do not take more than what we need.

7. **Service**

We live lives of service, to our communities, to our families, to the greater whole, to Nature, the living Earth, and the Oneness. A life of service is our greatest offering.

8. **The Cessation of Suffering**

We live with the understanding that all suffering is rooted in disconnection to ‘what is’ and all constriction, physical, emotional, and energetic is rooted in fear. We live knowing there is a path to the cessation of suffering or dis-ease and that the path of liberation is through the body.

The Way of Power and Virtue

The New Earth is not absent from power structures, for power is inherent in all systems. There is power in the breath, just as there is power in a wave or an active volcano, there is power in a closed fist or an open hand, power exists everywhere in varying amounts. We carry power as individuals, as a people, and as a collective.

The Golden Road is a series of systems designed to hold, channel, harness and distribute power in a consensual, reciprocal, honest, and trusting way. A way that returns power, resources, God, and the means of production out of the hands of the few and back to the collective and to the Earth. These systems and structures come with discipline and integrity. Just as the individual body cannot channel the power of God without discipline, our systems cannot hold the Three Great Powers without collective integrity.

The systems and structures of the Golden Road are based on the Laws of Nature and the harmony and integrity inherent in Nature. The Golden Road operates using a non-hierarchical model of circles and councils with inner and outer circles. Inner circles carry greater power and responsibility and as such, require more devotion, integrity, training, accountability, lineage, and discipline in order to operate within those circles. Various circles hold various amounts of power but the entire system operates within a non-hierarchical model where no individual is seen as greater or lesser than another.

What maintains the strength of these circles is what lies at the center. When the contributors, participants, and members of this collective way of being hold true to our common goals and beliefs, the integrity of the system can be maintained. The strength of the container, and the hollowness of the vessel, is directly correlated to the amount of power that can be contained within; this remains true for the individual body as well as the systems that encompass our communities. When the systems that support our communities are held with integrity, the greater power is given to the communities and the individuals that these systems support.

At the center of the circle lie the Three Great Powers:

1. The Power of God/The Goddess
2. The Power of the Earth and Nature
3. The Power of the 'Medicine'

In addition to our core beliefs and devotions, at the center of every circle of the Golden Road lies respect, recognition and devotion to the Three Great Powers. Therein lies the recognition that we, as human beings, are carriers and vessels of these Three Great Powers. The systems of the Golden Road are designed not only to allow individuals to grow into their abilities as carriers of these powers but also to allow these powers to flourish, in responsibility and harmony, in their greatest potential here on Earth and in the wider universe.

The Way of Beauty

Devotion to The Goddess of All Creation

The core essence of the universe is an immaculate and undying beauty. “The Way” is not up the mountain, but rather, into beauty. The source of this beauty is the Great Creator, God, The Goddess, Great Spirit, The Great One, the consciousness of all consciousnesses, that Great Nameless Mystery, the creator and the destroyer of all that exists.

There are no words that can describe Her, no images that can portray Her. Her voice uttered the original sound. Every breath is Her breath, every song Her song. Every dance is Her as She dances through us. Everything that exists, both good and evil, is the result of Her dreaming. Every life and every death happens through Her. We owe our lives to Her. What we offer we offer to Her... and we offer it all. She is beauty and love, and She is terror and fear. This living universe is the result of Her singing us into existence, and at the end She will consume it all, without judgement or discrimination. She is The Goddess of All Creation.

While it may be impossible to truly know Her in our limited faculties, She has an order and a way in which She operates. These systems are present in nature for She is Nature itself. Systems that benefit the few and not the All are out of sync with Nature and will inevitably fall apart. In addition to celebrations and ceremonies that performed in devotion to Her, the Golden Road abides to the laws of nature so that we may be supported by Her and support Her flourishing in this world.

Primary modes of operating within the systems of the Golden Road:

1. Harmony

We operate in peace and harmony with each other, the land, the waters, and all our relations. We implement do-no-harm principles and practices whenever possible. We operate with the understanding that when the natural diversity around us is allowed to be and flourish, it benefits us and all beings.

2. Reciprocity

We form reciprocal, trusting relationships with the land we steward, other communities and organizations, the food we eat, the water we drink, and all our relations. Reciprocity is the understanding that we do not receive anything without giving something back. This maintains sustainability within our ecosystems.

3. Compassion and Love

We operate for the benefit, care, and liberation of all beings, everywhere.

4. De-coloniality

Colonization is a campaign of separation. The separation of people from their lands, individuals from their bodies, natural wisdom from the collective, and families from each other. De-coloniality seeks to reunite that which has been separated.

5. Matriarchy

Our systems operate with Nature and The Great Mother at the center, surrounded by the children and our elders, cared for by the feminine, supported by the masculine.

The Everlight of the Undying Soul

There are two basic modalities to spiritual practice, the first is aligning oneself with the “Highest Good” or God, tapping into or imaging the qualities of that Highest Good and acting in accordance. The second is to sit still and focus on the subtlest aspects of existence such as the mind or the breath until one recognizes the Divine energy that lives in us and moves us. In either modality, the outcome is the same, recognizing the Divinity that lives in us, aligning oneself with Nature, and living in harmony with the Earth and all of our relations. There are infinite paths. In the end, each path is our own, but they all lead up the same mountain.

The Soul

Each of us has a “Soul”, the spark of life that arises from the Source of All Creation. This spark comes from God, resides at our core, and is our True and undying self. The Soul, our core essence, our “Buddha Nature” or “Christ Consciousness” is incorruptible and eternally, whole, sane, and good.

We live many lives and this body is a temporary vessel, a living temple for the divine, and one day this body will die but we will live on. Our physical selves are limited, in cognitive capacity, physical and spiritual abilities, and lifespan, whereas the Universe that perceives through us, is huge, infinitely complex, and exists beyond understanding. We are a fractalized essence of God Herself, living in a limited creature. Spiritual awakening wakes us up to this fact. Without proper guidance and support, these realizations can shatter someone’s mind. The Golden Road provides resources, wisdom, practices, and communities to help individuals enter into this known reality in gentle and supportive ways. In addition, we help support those facing end of life.

Dancing as Spiritual Practice

Dancing opens a portal within the body, heart, and mind that connects us to God and our living Soul. God (or The Goddess) is always dancing and when we dance, it is Her that dances through us. Dance connects us to the Divine in very intimate ways and also, when done in community or partnership, connects us to each other. Because the Golden Road holds to the principles and practices that benefit and connect us to our collective oneness, dance is held as one of the highest spiritual modalities of connection to divinity.

Healing can only happen through movement. There are many ways to move but one of the most effective ways to move for the purpose of healing is through dance. Our Earth, our bodies, and our hearts are in need of healing, now more than ever. Dance connects us to our bodies, to our emotions, and brings us into awareness of our minds. In addition, all healing occurs through God/The Goddess/The Divine, because dance increases the amount of divine energy that moves through us healing occurs as we increase our inner connection and awareness coupled with the increase in Divinity in the body.

The Soul moves us, and when we dance we are allowing our true and authentic self to move through us. This connection to authenticity returns us to our natural state of wholeness.

Unifying Practices and Inclusivity Principles

The Golden Road holds to the idea and belief that we, as human beings on this living Earth, are one tribe, one nation, one people. In that vein, no exclusionary practices may be adopted that prohibit the inclusion of peoples or persons based upon, identity, ideology, genetic, or astral heritage. Ceremonies, communities, and practices will always be open to individuals who seek self betterment, and to be of service to the community, the Earth, and Universe as a whole. All are welcome, always. (Human or otherwise)

There will be circumstances where conflict within or across communities arise, that is a given and conflict is not to be avoided but addressed and resolved harmoniously. As a collective we strive to keep communities together as much as possible. Utilizing harmonious practices we work to right any wrongs and maintain community cohesion. We learn and grow in communities, if those who cause harm have a community that will hold them accountable, there may be less harm caused. As long as individuals are making solid and consistent efforts to be better for their communities (within reason) they may stay in community.

Scaffolding for our Collective Awakening and the Honoring of Global Wisdom Lineages

Spiritual awakening, is often chaotic, messy and can upend someone's perspective on 'what is what'. Spiritual emergence, improperly held or unheld, can quickly turn into a spiritual emergency. The Golden Road fosters global spiritual communities of spiritual elders and those who have undergone their own spiritual awakening process. In this way, individuals who are having a spiritual awakening have somewhere to turn and be provided with guidance, support, and mentorship along their path. As a collective we recognize that everyone's path is entirely their own, but the destination is the same. We hold dear to the practice of non-proselytizing. Everyone must be called into their own seeking and the choice to seek theirs. In order to receive answers or wisdom, first they must ask the right questions.

In the Golden Road we honor gnosis or direct experience as the highest form of spiritual teaching. We operate with the idea that one can be pointed in the right direction, but they must come to their own conclusions through direct contact with Spirit and The Divine. Our spiritual communities utilize practices that help individuals to access their own contact with Divinity. These practices include transcendental meditation, yoga, ecstatic dance, embodiment practices, and medicine practices.

There are many global wisdom lineages (indigenous and otherwise) from all over the Earth. Each of these wisdom paths is seen as valid as a finger pointing towards the moon. No one lineage holds all of the answers and many carry immense wisdom. While these lineages are seen as valid and respected within the Golden Road, they may be brought into our practices by respected elders but we do not claim them as our own. In order to learn or teach from these lineages individuals must be taught by ancestral wisdom holders and receive permission to teach from the elders of those lineages.

Community, Celebration, and Dance

Dance

We dance as an act of devotion to The Mother Goddess. Surrender to the dance is an act of prayer, the allowing of the Creator to dance through us. Dance connects us to our bodies. Dance heals our bodies, hearts, and minds. Dance connects us to our emotions, to others, and to the Earth.

Dance is the central spiritual practice of the Golden Road. To dance is to dance in prayer, in devotion, in worship, in connection, in grief and in joy. We dance with The Goddess as She dances through us. Dance brings us into greater connection to the Oneness and is an outward demonstration of our commitment to God and to each other.

Community

When we dance, we dance in community as much as possible. Just as the Buddhist sangha holds the practitioner in their experience, the dance community holds us in whatever experience may be passing through us. Every one you meet on your path is a reflection of you, a slice of our collective dreaming. We learn about ourselves and about others through our collective dance.

When we live, we live in community as much as possible. Our awakening is individual but our liberation is collective. Together we rise. In communities, everyone is cared for and the burden is distributed. We were made to live in tribal networks, it truly does take a village. In community we are held and supported, our abundance is shared, and joy shared is joy multiplied. Living in community is not only ideal but necessary for the success of our collective dream of a New Earth that benefits all our relations and future generations.

Celebration

The Earth needs us now more than ever. The energy of celebration, along with love and gratitude, is one of the highest frequencies. When we gather and celebrate, The Goddess celebrates with us and through us. She is everywhere, but Her Holy Presence grows when we gather and celebrate in Her name, or in the name of the Earth. Because all healing occurs through Her, when we celebrate in joyous co-creation it sends a healing pulse into the Earth. When we align our celebrations to other communities around the globe, we create a global harmonic resonance, the benefits of which are felt throughout the Earth, Galaxy, and Universe.

In this way, celebration is one of the greatest tools we have for the creation of a New Earth that promotes the healing and overall well-being of our Mother Earth and all our relations that reside here. Through song, dance, food, drink, medicines, and offerings we create an energetic resonance that shifts our collective consciousness. These celebrations occur on the solstices, equinoxes, and cross-quarter days as it is practiced in the Celtic and Druidic traditions and will be open and accessible to all who wish to practice and celebrate in loving harmony.

Other Forms of Practice and Worship

Meditation

We learn, grow, and heal through movement, song, and dance in community. We also learn and grow when sitting still, in silence, and solitude. In dance we connect with the Universe, energies, our bodies, and beings that exist outside of ourselves. In sitting meditation we connect with The Goddess as She exists inside of us.

In meditation we practice stilling the mind, we learn to experience the world as it exists beyond concept. We develop skills and abilities that require focus and practice. We learn compassion for oneself and all our relations. We develop an attitude of tender broken-open-heartedness. We practice living a rich and interconnected life, full of the depth and range that exists when living fully in these human bodies.

Meditation in this way can come from a variety of lineages and sources. Yoga, Buddhism, Taoism, Qi-Gong, and Hinduism are some of the lineages and wisdom paths that contain various styles and techniques of meditation. Each of these lineages is considered its own wisdom path capable of achieving complete liberation in an individual and in order to learn the proper techniques and protocols the seeking of a trained lineage holder is of the utmost importance.

Nature Church

Collective worship at a Nature Church is also a part of the Golden Road practices. These services are held in outdoor spaces. Services held out-of-doors, in nature, connects us more closely to the changing seasons and the greater living world. This practice of Nature Worship is tied to historic and present day, Pagan, Druidic, and indigenous practices.

Nature Church ceremonies and practices consist of meditation, movement, songs of worship to the Earth and Great Spirit, offerings to the land and waters, food, and time for community connection is included in these ceremonies. Nature Church teachings and sermons may come from ideologies and wisdoms of any spiritual path, wisdom tradition, or religion while maintaining relative adherence to the core beliefs of the Golden Road.

The Golden Road is a universalist wisdom tradition, holding to the belief that all other wisdom paths are a piece in the puzzle of The Great Mystery and therefore are all worthy of study, practice, and questioning. The core beliefs of the Golden Road are also welcome to be questioned and rejected by an individual, because often, in order to find what is True, everything must be thrown out... time and time again.

In addition to the ceremonies and celebrations that are held on the solstices, equinoxes, and cross-quarter days or weekly dance practices, Nature Church ceremonies may be held on the full Moons, new Moons, eclipses, and other astrologically significant events. Nature Church may also host weddings, rituals of grief and loss, or identity based gatherings and is a community space to be utilized and cared for by members of the community that it supports.

Life and Earth-Based Ceremonies and Celebrations

There are many ceremonies and celebrations that members of the Golden Road practice. There are ceremonies that honor major life transitions that are practiced on familial and community levels and there are ceremonies and celebrations practiced as a collective that honor the Earth, The Goddess, the changing seasons as well as the Sun, Moon, and Stars.

Our primary collective celebrations occur on the solstices, equinoxes, and cross-quarter days (midpoint between the solstices and equinoxes) The timing of these ceremonies and celebrations is correlated to the Celtic, Pagan, Druidic, and many other indigenous cultures that honored these times as times of transition. Solstices, equinoxes, and cross-quarter days happen globally, consistently. These dates allow us to all celebrate together and create a global harmonic resonance eight times a year. (See back for expanded list and descriptions)

New Earth Temples

The body is our own personal living temple and a miracle of creation. Energy flows through our bodies from Earth to Sky and from Sky to Earth. When we cultivate alignment within our bodies with discipline, intention, and care, we curate a vessel that is capable of channeling and transmitting Source energy. Source energy is the energy of life, giving us longing, healing, sexuality, and creativity. When we are able to transmit this energy in great amounts, it benefits ourselves and all that is around us.

We, the Golden Road, are building temples for the New Earth. These temples are based upon the energetic functionality of our living bodies. The Temples are designed to transmit energy from Earth to Sky and Sky to Earth, in alignment with the Sun, Moon, and Stars. Just as an aligned body benefits all of those around, aligned temples bring healing and alignment to the Earth and to all nearby.

This practice of building aligned temples has been demonstrated throughout the ages, across global cultures. From the pyramids in ancient Egypt, or the Mayan temples and pyramids aligned with the Stars, to the temples of India and Southeast Asia, or the many great earthen structures that are scattered across Turtle Island (North America), this is an ancient practice that marks the solstices, equinoxes, and motions of the Moon, Sun and Stars, while benefiting the Earth and the beings that live here.

The Solar Calendar of the Cosmic Turtle

On the shell of every turtle, they have 13 large plates surrounded by 28 smaller plates. The Golden Road follows a solar calendar that begins on the spring (vernal) equinox with 13 months, each 28 days apiece and one “day out of time” that happens the day before the spring equinox. Many indigenous peoples follow this same calendar as it is more aligned with Nature and the seasons. In traditional Celtic fashion, the cross-quarter days that occur in between the solstices and equinoxes are seen as the beginning of each season as opposed to the solstices and equinoxes in the modern Gregorian calendar.

New Earth Schools

Education and care for the youth of this world is of the utmost importance. The care that we give to the up-and-coming generation increases the care that they are able to give to their children and so on. Education helps the youth to learn, grow, and follow their passions. New Earth educational systems foster more creativity, individual passions, critical thinking and problem solving skills, art and music, the hands on skills, while also teaching children how to be with their emotions and practice interpersonal skills and conflict resolution.

In addition to these educational fundamentals, students will also be encouraged to learn and grow in the psycho-spiritual abilities, that vary from person to person. We are bringing in a new era of humanity where the abilities and talents of the youth are not suppressed but encouraged and guided so that each child may reach their highest potential in terms of physical abilities, psycho-spiritual abilities, and creative or artistic talents.

New Earth schools are held outdoors whenever possible, in this way students are not hidden from the world but taught to integrate with it. Multi-generational support will be offered to the youth so that they receive guidance and wisdom from their peers, adults, and elders. This way of education is rooted in tribal and nature based lineages that is more closely aligned with the way that humans have evolved to learn and grow in communities. The Golden Road fosters these schools in order to support and protect them from external manipulation and interference from malicious forces.

Eco-Villages, Farms, and Re-wilding Projects

Returning to tribal living, in joyous harmony with the Earth, the waters, and the land is not an option, but a requirement, for a successful New Earth. Living as we are now, disconnected from the land and each other, is unsustainable, both for the planet and for our own physical and emotional well-being. Eco-villages bring communities together in the shared purpose of living on and with the land, together. Eco-villages of the Golden Road are held and supported by our network of resources, systems of accountability, and spiritual guidance for the creation of cohesive, integrous, environmentally and emotionally sound tribal systems that support a beneficial way of life.

Agriculture and sustainable food systems are an integral part of a sustainable way of life. Our eco-villages' food systems revolve around regenerative permaculture practices that not only limit environmental harm, but also regenerate the soil quality, improve the natural biodiversity and habitat quality of the surrounding areas, and restore water quality to local watersheds. In addition to housing, farms, schools, and temples, as much land as possible will be re-wilded to return the natural landscape to its former glory.

Eco-villages, farms, and other designated land is a crucial part of the Golden Road in terms of housing, community, agriculture, re-wilding projects, ceremonial land, locations to host celebrations, Nature Church, New Earth Schools, and build Earth based temples, as well as providing housing and community support for healers and medicine workers.

The Healing Collective and Resurgence of Wholistic Practices

We know how to heal, both physically and emotionally. The tools are there, the path is known. We also know that our current system does not do a good job of keeping us healthy and struggles to return us to health, at enormous cost.

There are many ways to heal from many ailments, many underutilized medicines and underrated modalities, there are also many ways to prevent or reduce chances of severe illness in the first place. Much of what keeps us healthy, is of natural origin and not particularly expensive. The Golden Road fosters networks of healing practitioners who are endorsed and supported by the communities that they themselves support.

Within our ceremonies, celebrations, spiritual practices, and way of life, contain the keys for overall health and well-being of the individual and the collective. Western medicine is still seen as a valid form of medicine but not as the only form of medicine. Indigenous and naturopathic forms of medicine are held in high regard in this new system. Movement, relationships, circumstances, nutrition, herbal remedies, energy, and vibration are all taken into consideration when looking at the whole system wellness of an individual or community.

Medicine Keeper's Guild and The Grand Medicine House

In addition to healers of all sorts, the Golden Road also fosters, and guides, a collection of those who work with psychedelic, plant, fungal, or animal psychoactive, purgative, or entheogenic medicines. Psychedelic medicines play a role in the natural healing medicines gifted to us by Mama Gaia and must be held with great care and respect because great harm is possible while working with the Medicine.

'The Medicine' is something that flows through, and is woven deeply with, the natural world and is one of the Three Great Powers. All three of these Great Powers arise from the same source, and in many occasions, are indistinguishable... but the Medicine has its own particular flavor and moves us in particular ways. God has no preference, but the Earth does, and the Medicine does all the more so.

In order to work with the Medicine, it is crucial to work within, or adjacent, to one or more medicine lineages. It is also crucial to become personally familiar, and allied with, the specific medicines that you choose to carry. The only way to do this properly is to apprentice or train within these lineages. The Medicine Keeper's Guild is a coalition of medicine workers committed to continuing and contributing to the richness of these lineages. This is crucial to maintain a group of high-integrity, and right-intentioned individuals to carry the Medicine.

The Grand Medicine House helps to provide housing, resources, and protections to medicine keepers and healers of all types while the Medicine Keeper's Guild is a collection of elders, practitioners, and apprentices practicing working with medicinal plants, fungi, and other substances for our collective healing.

Coalition of Elders

Elders are a healthy part of a collective community and spiritual ecosystem. Throughout our lives, for those of us who choose the path of awakening, we gain significant wisdom through our years, much of this wisdom comes from the teachings of our elders. Due to the global suppression of spiritual wisdom, we are currently facing a serious lack of elders and the youth remains mostly unsupported in their seeking.

The Golden Road fosters and supports the elders we do have by creating spaces and community networks within which elders are capable of transmitting their wisdom. The Golden Road also helps individuals to rise to their greatest potential, to learn and grow in the lineages that they are called into and when they reach the age and experience of being an elder are able to give back to their communities. A collection of elders able and supported to share their wisdom and skills is a crucial part of our global collective becoming better ancestors.

Harmonious Practices and Community Cohesion

In recent years, there has been a drastic blossoming of information, tools, practices, and experiential knowledge in the areas of communication, interpersonal repair, innerpersonal, inner- and inter-community relations. In modern western society certain communities have grown a tremendous amount in their ability to communicate and live harmoniously, yet we still have much work to do. There are many ways of harmonious co-habitation, many styles have not been lost and there is much more to learn.

The Golden Road works by collecting, analyzing, implementing, and expanding these harmonious practices on a collective scale to promote inner and inter-community cohesiveness across all of our collective ecosystems. Human relating is often messy and conflict will occur within and across communities. The practices that we choose to implement will change and flow with what is needed and what works. No one system of practices is perfect, and certain communities will function more harmoniously with different practices based upon the cultural makeup of these communities.

The metrics for community cohesion is not based upon how often rupture happens but rather, how effectively repair and resolution can be accomplished. Some examples include utilizing restorative or unitive justice rather than punitive justice to promote understanding learning and growth, not only so communities can heal but also so that the individuals who may have caused rupture are able to understand why and how they must act differently for the highest good of their communities.

Communities within the Golden Road practice addressing conflict or relational issues as they arise. So often today, many issues go unaddressed. Instead of seeking resolution, community leaders go unchallenged and community members are simply banished. Harmonious practices are utilized to keep communities together and functioning. In most circumstances, efforts will be made to keep communities together as much as possible, for repairs to made, and members to learn and grow before punitive measures are taken.

Systems of Accountability

The Golden Road is a living web designed to hold, harness, and redistribute power responsibly. Everyone is seen as equals within the Golden Road, that being said, some people hold more power than others inherently (in various aspects) and some people hold more role power within the overall structure of the Golden Road. Conversations educating about these differences in power is not something that we shy away from or try and to suppress, because to suppress the inherent power of another is the root of all oppression, and to ignore power dynamics is harmful towards everyone involved. Instead of suppressing or ignoring the various types of power that individuals hold, what the Golden Road strives to do is educate and encourage power to be wielded responsibly or to find an appropriate outlet for these powers to be channeled - as martial arts does for physical power, magical lineages do for occult powers, guidelines for ethical conduct do for role power, and much more.

In addition to guidelines and systems promoting the ethical use of power, there are decentralized systems of accountability within the Golden Road designed to redistribute or redirect powers when any abuse or misuse of power has been identified. These systems of accountability are placed within the hands of the communities, those at the highest risk of exploitation, and those who may be most susceptible to the abuses of power.

Frequently today, the systems of accountability are placed within the hands of those with the most power, leaving the most powerful individuals and collectives to only be accountable to themselves. This stratifies our society and creates groups of people who are subjected to unlawful and unethical conduct by those with significant power. In response to this, what the Golden Road does is separate the systems of accountability from those with the most power and place them in the hands of those with the least. In this way, if any abuse of power was to occur, the individuals and systems responsible for said abuses could be removed or changed in order to remediate the abuses of power.

What this modality of community and systemic organization does at a fundamental level not only allows for abuses of power to be addressed swiftly and effectively, but also creates a collective system that discourages the abuse of power from occurring at all. When those in power know that they are subject to the will of their communities based upon their actions, as opposed to only needing to answer to their peers, those in positions of power will automatically treat their position and power with more ethical conduct and respect.

These systems of accountability apply to more than just those who may be in positions of power. Many times, members of a community need to be held to account for their actions that cause harm or are unethical. In line with harmonious practices there will be community councils, chosen by their communities, to conduct unitive/restorative justice circles to help make sure that individuals are held to account and that breaches of ethical conduct are addressed in a timely, responsible, and respectful manner.

De-coloniality

The Golden Road operates wholeheartedly and enthusiastically within the practices of de-colonization (returning power from oppressive structures into the hands of oppressed peoples) as well as de-coloniality (dismantling colonialism as it exists in our society, ideologies, bodies, hearts, and minds).

What colonialism is, is a campaign of separation and domination. Colonialism separates peoples from their lands, children from their families, hearts from minds, ancestral teachings from the youth, workers from the means of production, and so much more. ‘Evil’ separates that-which-should-be-together while ‘goodness’ brings together that-which-has-been-separated. By this definition, colonialism is an evil force that has, for many generations, separated that-which-should-be-together in the name of dominance, control, and profit. Under colonial rule, the indigenous teachings that haven’t been coopted and manipulated have been suppressed through mass genocide, forced assimilation, and the criminalization of religious or ceremonial practices.

Not only does the Golden Road seek *not* to recreate these same systems of oppression, but actively works to reverse the damaging effects colonialism has had on peoples, lands, waterways, ceremonial practices, bodies, hearts, minds, and more. If ‘goodness’ is to bring together that-which-has-been-separated, then the Golden Road actively seeks to practice goodness by righting the wrongs of the past, whether the atrocities of colonialism were committed by our ancestors or against our ancestors, we are all equally on the side of shifting the global paradigm to one of harmony, unity, and reciprocity. For we are all one people.

All ancestral lineages and wisdom teachings are supported and promoted within the Golden Road. Not in the way that we consume, flatten, and co-opt these various lineages but in the way that we promote lineage holders, those who have been raised, taught, and given permission to teach, to hold ceremony within our communities. The Golden Road strives to give a platform for elders to carry and transmit their teachings to the next generations. The Golden Road promotes and cares for not only a diversity of wisdom traditions and teachings but also of ancestral lineages and cultures as well as keeping these lineages and cultures as intact and unaltered as possible. Only by maintaining and preserving the complete diversity of cultural traditions here on Earth, without whitewashing or colonial corruption, will we be able to assemble a colorful and unimpaired New Earth.

The Golden Road strives to return peoples to their lands, children to their families, ancestral teachings to communities, animals to their habitats, and reconnect hearts to minds and bodies. If issues of integrity arise within the Golden Road – and under the guise of the “New Earth”, individuals or communities are using the Golden Road in an attempt to flatten, co-opt, or suppress indigenous wisdoms, traditions, or cultures – our systems of accountability must be immediately utilized to collectively remediate those actions. Additionally, if the Golden Road becomes corrupted by colonial ways of thinking or being, immediate remediation must take place in the form of excising the corrupted portion or potentially completely dismantling the Golden Road to be replaced by something with a higher level of integrity. If our collective goodness becomes lost, we must shift or be replaced.

Matriarchy

The only way forward for the New Earth is a return to matriarchy and integration of matriarchal systems. Unlike patriarchy, which is a hierarchical system where men and the masculine are at the top, matriarchy is not hierarchical at all. Instead, matriarchy is a heterarchical system. Heterarchy is “an organizational structure where elements (people, groups, or concepts) are unranked or possess the potential to be ranked in multiple, fluid ways, rather than a fixed, top-down hierarchy.” Nature functions in a heterarchical manner, just as the brain operates heterarchically rather than hierarchically. The Golden Road consists of councils, groups, community members, and networks that are either unranked or ranked in fluid ways that exemplify our collective interdependence as well as our equality as human beings. No matter the ranking of groups (if ranked at all) every human, and every being, is seen as equal parts of the whole. No individual is any more or less God than anyone else.

How the matriarchy exists within the Golden Road, in addition to a living network of various councils, is a series of concentric circles. At the center, lies the Great Mother, the Creator of all of existence, Nature Herself. Outside of that, in the secondary circle is the children, the elders, and the ancestors, those that came before and those yet-to-be-born. In the tertiary circle is the feminine, the mystery, magic, and the Divine, that cares for the youth, the elders, our sacred teachings, and ceremonies. Outside of that in the quaternary circle is the masculine, the form and structure that supports, and operates in service to, the feminine and the Divine. No aspect of this matriarchal structure is seen a greater or lesser. Every aspect of every circle is seen as crucial elements of the whole.

Matriarchy and matriarchal structures will manifest in various ways depending on the cultural heritage and primary teachings of each community but the core concept and intention remains the same. Patriarchy is a byproduct of colonialism and the hierarchical nature of it is designed as a modality of control, suppression, and dominance. In order to move away from a culture of dominance and control, matriarchal systems are mandatory. A return to matriarchy is not only a return to Nature and the natural order but also a return to ourselves. In healthy ecosystems, the masculine and feminine play different roles. Yin-Yang has taught us and continues to teach us, that the masculine and feminine are not separate, but rather integral parts of the whole.

The Golden Road at its core, as a collection of systems and structures, is inherently masculine, but this masculine exists wholly in service of the Divine Feminine. The Divine Feminine is making a powerful and necessary resurgence in the world and is in need of the support and presence of the masculine to flourish in all of Her glory. The masculine is the temple while the feminine claims the altar.

The Earth is in dire need of the Divine Feminine to return to Her rightful place on the throne. The Golden Road’s purpose, as a collection of systems and structures, is to aid and assist in that process, for the benefit of the Earth, our communities, our connection to God/The Goddess, and for Nature Herself.

Intergalactic Diplomacy

There is evidence throughout history of intergalactic, interdimensional, extra (or ultra) terrestrial, and/or other non-human intelligences interfering in human/Earthly affairs. Some of this interference was for our benefit and other interference was for the benefit of those interfering. There is a good chance that the Earth, and human beings, are at the center of a much wider interdimensional, and interspecies conflict that has been ongoing for anywhere from 2,000 to 300,000 years. The implications of this are beyond comprehension.

Earth, and all of Her inhabitants, are going through a collective awakening and all of the secrets about our true origins, and what has actually been going on is coming to light, whether we are ready or not. With AI and nuclear weaponry we are coming into an era where the explicit interference of non-human intelligences in our affairs is becoming more and more likely. (Implicit or hidden interventions has likely been occurring for millennia).

The Golden Road, as the thread that ties us all together, is important in this era for holding our sovereignty as human beings. Until we are able to see each other on this Earth as equals we will not be ready to engage with off-world intelligences in a meaningful way. Our integration into the intergalactic ecosystem demands a unified and coherent response to help maintain our sovereignty and dignity while we navigate the (re)introduction of beings who's intentions vary and who's technology is far beyond ours.

Skill Sharing and Trade

What is swiftly becoming important in our society is the learning and passing on of a variety of skills, crafts, and technologies to create a collective society that is integrated in Nature in a sustainable and beautiful way. We have the knowledge and technology to build off-grid systems with permaculture, food forests, free, renewable energy, and to harvest water from the air.

Some communities have builders, some have butchers, some have farmers, and some excel in off-grid technologies. What the Golden Road does, through the fostering of interconnected eco-villages and the coalition of elders, is promote the sharing of knowledge and skills between communities. Wisdom keepers and elders do not only carry wisdom of ceremonial and spiritual knowledge but also information about the natural world – herbs, edible plants, and natural medicines that grow nearby and how to harvest, preserve, and utilize our natural medicines and other resources. Elders also may carry information on how to build with carpentry, plumbing, electricity etc. or how to homestead, farming, agriculture, and hunting. All of these skills are crucial for our continued prosperity on this Earth.

The Golden Road, as part of our Earth-based practices fosters skill sharing workshops and apprenticeship trades between communities where individuals can live and work amongst other communities to learn new things that they may bring back to their families or communities. This serves a two part purpose, the first is the promotion of sharing knowledge for our continued prosperity and the second is a cross-pollination where individuals get to live in different communities, learn new ways of being, meet new people, fall in love, and more!

The Prophecy of the Eagle and Condor

There is a prophecy of the Eagle and the Condor found across many of the indigenous tribes of South America including in the Shipibo People of the Peruvian Amazon, the Quechua of the Peruvian Andes, the Hopi of New Mexico, the Shuar of Ecuador, the Mayan of Mexico, and more. The origin of this prophecy is ancient and unknown and varies slightly from people to people, but the core message remains the same.

The prophecy goes something like this: Long ago, humanity split into two different people or ways of being - the people of the Eagle and the people of the Condor. The way of the Eagle is described as far-seeing, rational, intellectual, and mathematical (Western) while the way of the Condor represents wisdom, spirituality, heart-centeredness, magical, and nature-oriented. (Indigenous) The prophecy describes a time, starting about 1500 a.d. where the way of the Eagle would dominate the Earth for 500 years and the way of the Condor would be almost completely wiped out. When we look at history it is clear that the way of the Eagle has dominated and in fact nearly wiped out those who follow the way of the Condor.

Over the past millennia the way of the Eagle has been perfecting knowledge and logic, while the way of the Condor has been perfecting spiritual wisdom as well as harmony and union with the Earth. According to the prophecy, the only way forward, to save the Earth, is the union and integration of these two ways of life. The Condor is required for its heart, intuition, receptiveness, and care, while the Eagle is required for its far-seeing, technology, and adaptability. Technology will help the people of the Condor to preserve indigenous ways of life – and heart-centeredness will help the people of the Eagle return to themselves.

If we continue to follow the way of the Eagle, the Earth – our Mother, will perish and humanity will be left to a cold, spiritless existence in deep space. But if we were left without it, then our progression into an advanced collective of intergalactic beings will be stunted. Only through harmonious unification of the two ways of being will humanity not only survive these end times, but thrive and prosper in the coming Golden Age.

Advanced mechanics, mathematics, robotics, and computers will never be able to match the wisdom and technologies that exist in the plants and medicine lineages of Turtle Island and global indigenous wisdom traditions. Likewise there are certain things that can never be achieved without advanced mathematics and computational power. We are on the brink of an era where we must unite these two aspects of our world in order to save the Earth, all of our wisdom traditions, and the people who live here.

The end of the prophecy tells of a time when “the Eagle and Condor will fly together in the same sky” we are living in those times. The Golden Road is here to unite these two ways of life, to connect all people around the globe, and to integrate indigenous wisdom into modern culture. The future is being built with many different technologies closely entwined with Nature and guided by the core principles of indigenous wisdom traditions.

Why the Golden Road?

There are many reasons why the world is deeply in need of something like the Golden Road. Global atrocities occur daily, people are lost, poor, and alone, and the religions and spiritual structures of the old world are being abandoned en masse. Our Earth is dying and She needs our help. The empire is collapsing. The Golden Road, while creating a new series of egalitarian systems could be seen as an act of revolution, the Golden Road is not here to wage war on the old systems. What you fight, fights back, and we are not fighting anyone. We are here to compost the crumbling empire into a luscious soil, in which to grow what sustains us.

The main purpose of the Golden Road is to fill in the gaps of spirituality that the impact of colonialism has left on the world. When we think of the dismantling of indigenous wisdom traditions we often think of the native tribes of Turtle Island and these cultures that have suffered greatly and been nearly wiped out. What is often forgot is that the Celts and Druidic cultures of eastern Europe have lost around 80% of their history, culture, and wisdom as well. Eastern Europeans are primarily responsible for the colonization of Turtle Island and they destroyed their own culture long before they destroyed anyone else's.

For many of us, regardless of which side of colonization our ancestors were on, we have lost our traditional, magical, ancestral, and Earth-centric lineages. The information is there, in whispers and obscure texts, but it has lost its coherence and we have lost our understanding of how to do it together. The Golden Road is an answer to the spiritual wasteland that has been left by colonization. We are re-growing the spiritual forest that has been cut down for generations and beginning a new Earth-based lineage. We cannot replace what has been lost, but with collective and sustained intention throughout generations, we can build something wonderful that plays the same role. What ancient lineages have that make them so special is millennia of passed-down knowledge and systems of coherence cultivated over generations. One day the Golden Road will be a high-integrity lineage capable of supporting our collective awakening, healing the Earth, and connecting us to the Divine, currently we are laying the foundations for our first temple.

The Golden Road is only a part of the systems of the New Earth, specifically, the spiritual and human part. It is a new (old) ancient future paradigm. It is a spiritual lineage rooted in ancient beliefs and practices, created for everyone, regardless of culture, location, or ancestral lineage. It is a system of values, the glue that holds us together. It is the way we stay headed in the right direction, how we stay accountable to each other and the Earth, for the Highest Good of all beings. It is a structure to hold our collective awakening, it is the connection that brings us all together – globally, and it is the light that shines, even in the darkest places. The Golden Road is the Golden Thread that ties us all together. The Golden Road itself, is the temple. No matter where you come from, what you believe in, what you look like, or who you are, we are all on the same journey.

“When all is finished, the people say, ‘It happened all by itself!’” – Lao Tzu (Tao Te Ching)

The End of the Road

The Golden Road is needed right now, to bring humanity together into connection and coherence, to reunite us with Nature, the Divine, and the Earth. The Golden Road is here so we find our feet and begin to walk in the right direction. There will come a time when the Golden Road is no longer needed or humanity is in need of something better or more aligned. When that time comes, the Golden Road will be laid to rest and composted into the soil that will help to grow whatever comes next.

“For the Earth, for our Hearts, for The One.”

Solar Calendar of the Cosmic Turtle

APRIL							MAY							JUNE						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28

JULY							AUGUST						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28

SEPTEMBER							OCTOBER							NOVEMBER						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28

DECEMBER							JANUARY							FEBRUARY						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28

- Solstices & Equinoxes**
Spring Equinox: April 1st
Summer Solstice: Sol 9th
Fall Equinox: September 15th
Winter Solstice: December 25th
- Cross-Quarter Days**
Spring: May 18th
Summer: July 28th
Fall: November 8th
Winter: February 14th

MARCH						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Day out of Time:
 In between the last day of March and the first day of April (spring equinox) there is a "Day out of time" which is not a part of the calendar and is a day for rest and preparation for the new year. Leap years carry two days "out of time."

Ceremonies and Celebrations

Micro-cosmic Ceremonial Practices

When we practice Earth-based ceremonies and celebrations we of course honor the whole Earth, all of Her waters, the land the sky, the ancestors and the seven directions. More importantly though we honor that land that we stand on, we honor the waters that flow near us and support us, we honor the ancestors of that land we stand on and our own personal ancestors. We honor all trees but when we practice we honor the trees that hold us in their presence. In this way we bless, give thanks, and honor the lands, spirits, and beings that surround us. When we do this we are more connected to the land and waters that we steward and the Nature around us is blessed all the more greatly by our individual attentions.

Ceremonies are also created so that they may be adapted to each individual's, family's, or community's collective culture. There is a great richness in our cultural diversity and the way that a ceremony or celebration is held will vary depending on location and general ancestral lineage. When we practice with the same elements that our ancestors practiced with, we honor them. How people celebrate in Mexico will be different than how they celebrate in Canada or Africa, as it should be. The world is a culturally diverse place and we can all celebrate in accordance with our local customs with the same intentions. It doesn't matter *how* we celebrate as much as *why* we celebrate that creates our collective and global coherence.

The entirety of the following ceremonies and celebrations portion of this document is a brief outline and will be greatly expanded on in later editions with community guidance and insight from those who have ancestral connection to these ceremonies.

Seasonal Celebrations – Wheel of the Sun

1. Spring (Vernal) Equinox – April 1st

- Solar New Year, Vernal Ignition
- The return of the light
 - Cleansing practices, letting go of the old, offerings, celebrations, lighting the sacred fire – ignition of the new year.

2. Spring Cross-Quarter Day – May 19th

- Blossom Tide, Festival of the Waters, Beltane
- Beginning of summer
 - Celebrating fertility, flowers, planting seeds, new growth, and the return of the waters.

3. Summer Solstice – Sol 9th

- Solar Pinnacle
 - Bonfires, dancing, feasting, nudity, community celebrations, pinnacle of passion and exuberance.

4. Summer Cross-Quarter Day – August 2nd

- Gaia's Love Festival, Earth Day, Lammass
- The beginning of fall
 - Celebrating the Earth's abundance, the beginning of harvest, and the joys of summer.

5. Fall (Autumn) Equinox – September 19th

- Harvest Festival
- The waning of the light
 - Feasting, gathering, gratitude for Earth's abundance and all we have received throughout the summer, preparation and preservation for the coming winter.

6. Fall Cross-Quarter Day – November 8th

- Samhain, Day of the Dead, Halloween
- The beginning of winter
 - Honoring the ancestors and the time of year when the veil is thinnest.

7. Winter Solstice – December 25th

- Solar Minimum
 - Reflection, darkness, candles, gifts, family, friends, close community gatherings, a time of solitude and rest.

8. Winter Cross-Quarter Day – February 14th

- Festival of Love, Imbolc
- The beginning of spring
 - Celebrating love, romance, and eroticism, flowers, chocolate, food, hedonism, sex and pleasure.

9. Beginning of the Threshold Fast – February 16th

- 40 Day fast in preparation for the new year
 - Only eating once a day at noon, no sweets, strong flavors, psychoactive substances or medicines, preparing the vessel for the new year and honoring the time of scarcity in late winter/early spring.

10. Day out of Time

- The Day That Does Not Exist
 - Nothing at all is to be done this day, the day before the new year, recognizing that time is a construct, past and future do not exist, and all we have is now.

Individual, Familial, and Community Ceremonies

1. Celebration of Birth

- Celebrated after the first solar return, large gathering of family and community celebration of this new life and community member.

2. Solar Return

- (Birth day) Celebration of the individual when the Sun has returned to where it was on their moment of birth.

2. Coming of Age – Women

- First Menstruation
 - A gathering of women in the community to honor the transition from childhood into adolescence/young adulthood. Women are not in need of an initiation because they have a ceremonial initiation every month, what is important is that the transition is marked, seen, and honored.

3. Coming of Age – Men

- 16-18 years old
- *“If you do not initiate the boys they will burn the village down just to feel the heat.”*
 - Men cannot bring life into this world and so need to find their own purpose in terms of supporting their communities and finding their own gifts to bring into the world. Around the age of 16-18 boys will be initiated with a vision quest, challenge, or some sort of physical initiation in order to mark the transition from childhood into brotherhood.

4. Two Spirit Blessing

- Age 21+
- For transgender and gender expansive individuals
 - Those with expansive genders are seen as closer to spirit, the ancestors, and the divine, and are celebrated and honored because of this. They are also given special spiritual roles within the community if they are called into that purpose and deserving of those titles.

5. Saturn’s Return

- Age 33
 - Individuals are honored and celebrated in their communities at the age of 33, the transition from young adulthood into adulthood. This marks the age at which individuals are fully able to bring their gifts into the world.

6. Crone Ceremony

- For women and womb carriers, after menopause or age 50-55
 - This is a family or community gathering to honor when a woman transitions from an adult into an elder. The Crone Ceremony represents the shifting of roles and responsibilities from one who is bringing their gifts into the world to someone who can help guide others towards bringing their gifts into the world.

7. Sage Ceremony

- For men after the age of 55-60
 - This marks the transition of men from adulthood into elder and, similar to the Crone Ceremony, the Sage Ceremony marks the time when these individuals are no longer needed to bring their own gifts into the world and instead help the next generation to do the same.

8. Celebration of Love

- Wedding
 - This marks when two (or perhaps more) individuals want to gather family or community to honor their love and commitment to one another. Love is deserving of a celebration and so these ceremonies contain much dancing and fanfare.

9. Grief Ritual

- In times of death and loss or when needed
 - This is a community gathering for people to come together and be seen heard and held in their individual or collective grief.

10. Celebration of Life

- After a Death
 - Family or community gathering to honor the life of those who have passed and to aid in the deceased transition from this plane to the next.

Wheel of the Moon

Celebrations that recognize the movement of the Moon in accordance with the Earth and Sun and how that impacts our collective emotional and spiritual landscape.

1. New Moon

- New Beginnings

2. Full Moon

- Fruition, pinnacle of magic and emotion

3. Lunar Eclipse

- Emotional culmination and release

4. Solar Eclipse

- Major new beginnings, destined shifts, and cosmic reboot

Ceremonies from External Lineages...

These ceremonies are well respected by the Golden Road and encouraged to be practiced sustainably, within the cultures of their origin, by invitation, with permission from the elders of those traditions.

1. Sundance

- Lakota, and more

2. Moondance

- Aztec, Contemporary Mexican Revival

3. Sweat Lodge/Temazcal

- Lakota/Aztec

4. Hanbleceya/Solitary Fast

- Lakota, Crow, Anishinaabe, etc./Maya, Australian Aborigines, African Tribes

Medicine Ceremonies

Medicine Ceremonies include medicines with psychoactive, purgative, energetic, or entheogenic effects. Many if not all of them are respected within the Golden Road and seen as playing their own purpose. Some of these recently developed psychoactive medicines are not in need of a proper lineage, such as MDMA, Ketamine, LSD, 2-CB, or other lab made substances because they have not been around long enough to have a lineage. Some medicines such as Cannabis, Psilocybin Mushrooms, Muscimol/Ibotinic Acid Mushrooms, or compounds from certain other widespread plants such as mescaline are “Lineage Recommended” because practice with these medicines is not limited or originated to one culture or people, and Bufo is a very recent medicine. Certain medicines such as Ayahuasca, Peyote, or Iboga, and more, come from specific lineages and cultures and therefore require an ancestral lineage in order to practice within, or adjacent to the Golden Road. Certain substances such as 5-meo-DMT (Bufo), Kambo, Peyote, Iboga, and Ayahuasca either come from endangered, at-risk, or environmentally pressured sources and so consideration must be taken not to put undue stress on these medicines with unchecked or unethically sourced consumption.

- No specific lineage required -

MDMA, Ketamine, LSD, 2-C(X)

- Lineage Recommended -

Mescaline, Cannabis, Psilocybin/Amanita, Bufo (5-meo-DMT)

- Specific Lineage required -

Ayahuasca, Iboga, Peyote/Huachuma, Kambo

- Special Considerations/Environmentally at-risk -

Ayahuasca, Bufo, Iboga, Peyote, Kambo